SAFEGUARDING & PREVENT

Reference guide for

learners

WHAT ARE THE BRITISH VALUES?

Democracy	Individual liberty
Rule of law	Mutual respect and tolerance

I need help. Who can I tell? An adult that you can trust ◆ Childline on **0800 1111** ◆ **NSPCC on 0808 800 5000** ◆ If you or somebody else is in danger, call the police on **999**

WHAT DO I DO IF I THINK I, OR SOMEBODY I KNOW IS BEING RADICALISED?

If someone is at risk of being radicalised they might:

- find that their **views are changing**
- **talk positively about dangerous groups** or people who promote hate
- spend time with people or on websites that **promote violence**, hate, racism, homophobia or xenophobia
- **become secretive** about how they spend their time
- **refuse to talk to people from a certain country** or are thought to be 'different'
- **be rude, aggressive or violent towards a particular group of people**, e.g. Jewish, Muslim, LGBTQ+ or someone who supports a certain political party

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WHAT DO I DO IF I GET CAUGHT UP IN A VIOLENT INCIDENT?

RUN to a place of safety. If there's nowhere to go, then...

HIDE. Turn your phone to silent and turn off vibrate. Barricade yourself in if you can. When it is safe to do so...

TELL the police by calling 999

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I DON'T FEEL SAFE - WHAT CAN I DO?

We want you to feel safe and be safe.

If you are being hurt, treated in a way that makes you feel scared or unsafe, or you feel very alone or unhappy, please tell someone about it so that they can try to help you. Talk to someone you can trust, like your cadet leader, a teacher or a nurse at your school. They will listen to you and support you and will talk through with you what things can be done to help you.

If you do not feel that you have anybody that you can trust, you can ring Childline on 0800 1111, or the NSPCC on 0808 800 5000. They will talk to you in complete confidence and will get you (or the person you are concerned about) the help that is needed.

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If you're worried about someone, or about yourself, it's always better to get support, even if you aren't sure. Talk to an adult you can trust or contact an agency such as;

NSPCC on 0808 800 5000

Childline on 0800 1111

who will talk to you in confidence. If you think someone is in serious danger, call **999** for urgent help. It's always OK to do this, even it turns out to be nothing serious.



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